# POST-GRADUATE COURSE IN DENTAL HYGIENE

#### SPEAKERS

#### Elisabetta Maria Polizzi

She has a degree in Dental Hygiene at University of Milano-Bicocca with honours.

Post-Graduate UCL Eastman Dental Institute, London Since 2005 Technical Coordinator Degree in Dental Hygiene University Vita-Salute San Raffaele, President Prof. Enrico Gherlone.

Since 2005 professor for the teaching of the discipline: "Medical Science and Technology" SSD MED/50 Master of Science in Dental Hygiene Faculty of Medicine and Surgery, Vita-Salute San Raffaele University in Milan.

From the year 2013-2014 Adjunct Professor for the teaching of the discipline: "Sciences and Techniques of oral hygiene" SSD MED/50 Bachelor of Science in Dentistry Prosthodontics Vita-Salute San Raffaele University in Milan.

Winner Research Fellowship bandit Vita-Salute San Raffaele University in the year 2005-2006. Subject matter: "Correlation between periodontal disease and cardiovascular disease."

April 2006 Winner of the 1st Prize Project Scholarships President Prof. John Sweet "Research Colgate as an expression of the binomial Health and Beauty."

Consultant for medical services free-lance at San Raffaele Hospital.

2009 Member of the Commission designated by the Ministry of Health for the development of the "Guidelines for the promotion of oral disease in individuals undergoing chemio and/or radiotherapy in childhood."

2011 January Member of the Commission designated by the Ministry of Health for the development of the "Lines of community dentistry: clinical appropriateness for technological and structural criteria.

Since 2011 Member of the National Permanent Commission of Bachelor in Dental Hygiene

Author of many scientific publications, contributions in Conference Proceedings and speaker at national and international conferences.







# SYNOPSIS

Maintainement of a good oral Hygiene is mandatory for the health of our patients and to get a long-term success of implantprosthetic rehabilitations.

Dental Hygienists and Dental Therapists work as part of the Dental Team delivering a wide range of care to improve the oral health of patients.

Dental Hygienists works in a variety of settings:

- general dental practices
- dental hospitals
- specialist practice

Graduates are prepared to engage in multidisciplinary problem solving related to oral disease prevention and health promotion to improve the oral health of varied populations throughout the world. Graduates are prepared to assume roles as educators and research collaborators in academic, public health or oral healthcare-related industry settings.

#### SEAT AND ADMINISTRATIVE OFFICE



# ORAL PREVENTION AND SMILE AESTHETICS

# Dr. Elisabetta Maria Polizzi



# OBJECTIVES

1) Provide graduates with expanded skills to assume leadership roles in education, community health settings, research, and administration.

> recognizes the need for its graduates to be prepared to assume leadership in dental hygiene education, changing health care delivery and workforce models as they develop.

- 2) Prepare graduates for faculty positions in dental hygiene programs.
- 3) Contribute to the body of knowledge in dental hygiene through research and scholarly activity.

methodology preparation and clinical/educational research experiences. Students receive excellent mentorship and Exposure to changing technology and research methods, making the San Raffaele postgraduate course one of the foremost programs for dental hygiene translational research

# DETAILED PROGRAM

The course is scheduled in 6 days Day 1

Classification of periodontal disease Anatomy and fisiology Periodontal Epidemiology Etio-pathogenesis of periodontal diseases Periodontal special disease Traditional periodontal disease Advanced diagnostic methods









# DETAILED PROGRAM

#### Day 2

Pianification of the periodontal treatment Interrelation betwen Periodontology and: Prosthesis

Orthodontics

Implantology

## Practice Session

#### Day 3

Compilation of medical chart and treatment program Mechanical and manual instrumentation Periodontal revaluation

#### Practice Session

#### Day4

Perimplantitis

Analysis of peri-implant and periodontal tissues Instrument selection for implant maintenance Recalling procedure and oral-care instruction

#### Practice Session

Antiseptics and antibiotic in Periodontology Biological principles and bacterial recolonization Maintenance therapy planning

## Practice Session

#### Day 5

#### Keynote lecture: Halitosis

Socio-economic perspective Etiology

Diagnosis (instruments and techniques) Treatment

#### Practice Session

#### Day6

## Oral home-care and psychology

Psychology in periodontal patient Personalized patient-centred motivation Traditional and advanced techniques of oral hygiene Dentine hypersensivity

#### Dental bleaching

Modern bleaching techniques of vital teeth Professional bleaching Home bleaching Dentine hypersensitivity prevetion

#### Practice Session





